

GOOD NEWS

LETTER

*Forest Presbyterian Church
Living God's Heart, Hands, & Voice*

Newsletter for Forest Presbyterian Church, Forest, Virginia

October 2019

The Cupola

"Let the priests receive from each of the donors; and let them repair the house wherever any need of repairs is discovered." - 2 Kings 12:5

The scaffolding is in place, inside and outside. Stucco and windows are removed, then they are replaced. Up high, the Cupola is being repaired.

The Cupola is the centerpiece of the architecture at Forest Presbyterian Church. When you come into the sanctuary, you look up to the highest height of the ceiling, drawn upwards, toward heaven. From outside, the Cupola looks out over the Peaks of Otter, a new peak reminding the world of God's presence at the foot of the Blue Ridge Mountains.

In order to fix something, you need to know what's actually wrong. For years, we wondered how the cupola and roof leaked, and tried numerous ways to fix it. Finally, we have discovered that the windows of the cupola leaked. Now the windows will be resealed. The cupola will be protected from storms, and provide more protection for the sanctuary..

In the Old Testament, the Temple was in disrepair. The priests set up a special offering in a box inside the Temple, so that the God's house could be repaired.

This was in addition to their regular offerings. This ensured that the day to day ministries continued among the people, while the Temple was repaired at the same time.

The Session has set up a designated fund for the Cupola. In addition to your regular giving, please consider an additional gift for the repair of the Cupola. Many gifts have already come in for the repair the Cupola. This process will not be cheap, but it will be worth it, for the glory of God as we worship and serve him in the shadow of the Peaks.

Yours in Faith,

MORGAN

Trunk or Treat!

October 27

3-5 PM

Take the Challenge and decorate a trunk (and yourself) to see smiling faces of ninjas, princesses and scary faces for Halloween!. Bring some candy, and join



us at the FPC Trunk or Treat *spooktacular* event on Sunday, October 27, 3-5 pm. What a fun time to see all the little goblins dressed in their Halloween costumes, and receive a professional Halloween portrait at the same time. **PLAN NOW** to support our children to have a fun and safe Halloween experience!



SEE INSIDE

Pastor's Note.....	1
FYRE Youth	2
October Events.....	2
Christian Education	3
October Calendar.....	4
Birthdays	5
Disaster Notes	6
Krogers Info.....	7
Outreach Notes.....	7



**Forest
Youth
Reaching
Everyone**

October FYRE Meetings

Sunday, October 6, 4:30-6: FYRE Meeting

Sunday, October 13, 4:30-6: FYRE Meeting

*Sunday, October 20, 4:30-6: FYRE Meeting
packing college care packages*

*Sunday, October 27, 2:30-5:30: FYRE help
with Trunk or Treat (3-5)*

We are starting the “Can I Ask That?” curriculum. The curriculum is to help youth develop a “sticky faith” that will stay with them as they move out into the world as young adults.

Invite Your Friends to Youth Group!

Children's Music Program

In October, we will be starting a children’s music program on the 2nd and 4th Sundays of the month - 2:15-2:45 pm for children from K-5th grade. A team of music lovers from FPC will be sharing their knowledge of and passion for music through songs, movement, and playing instruments. Parents are welcome to participate! This program is open to the community, so bring your friends! The first session will be on Sunday, October 13th. Please see Laurie Brownson if you have any questions.



College Care Packages

During the next few weeks we are asking for monetary donations to buy snacks, supplies, and other things for our college undergraduates. Envelopes will be in the Commons for everyone to send notes of encouragement to each of our students. We will be packing boxes on -



Sunday, October 20 - Following Worship

Parents of College Students:

If you have a student in college we need their address. Send your students current address to the church office

(secretary@forestchurch.org) or you may call Joan at the office (434-525-5500). We need their address to mail out care packages.



NO packing boxes are needed!!!

October events

- **Chimes Practice** - Sunday’s 3pm
- **Ladies Bible Study** - Monday’s 6:30pm
- **Chimes Practice** - Wednesday’s 6pm
- **Choir Practice** - Wednesday’s 7am
- **TOPS** - Thursday’s 9am
- **Disciples in ChristCare** - Tuesday, October 1 & 22, 10am
- **Deacons** - Thursday, October 3, 6pm
- **Newsletter Deadline** - Thursday, October 10
- **FPC Lunch Club** - Thursday, October 10, 11:30am
- **Children’s Program** - Sunday, October 13, 2:15
- **Book Club** - Tuesday, October 22, 7pm
- **Two-Cents-A-Meal** - Sunday, October 27
- **Trunk or Treat** - Sunday, October 27, 3-5pm - Spooktacular Fun!

Christian Education

A Word from CE



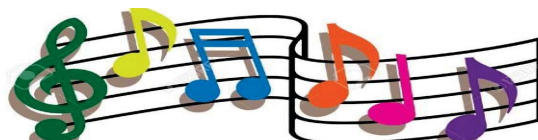
Now the whole group of those who believed were of one heart and soul,... -Acts 4:32

Our church school classes are off to a good start! The children had a great time tie-dyeing t-shirts to reinforce the theme stated in the verse above-the whole group of believers is one. We talked about the body being made of many parts and how it's the same with the church. We had a great time of learning, fellowship, and fun! Come join us this Sunday and each Sunday at 9:30 am - and bring a friend!

The children at FPC are so much fun to teach and spend time with! Please consider volunteering to teach in Church school, lead children's chapel or help in the nursery. If you feel God is calling you to help in anyway, please talk to Meghann Cope, Angie Francis, or Stephanie Lane to learn more.

Adult Church School

All adults are encouraged to join us each Sunday morning 9:30 am as Pastor Morgan continues his study in **The Present Word - Responding to God's Grace.** This quarter focuses on God's gift of faith and how we respond to it both personally and communally. **YOU** do not want to miss being a part of this amazing study on God's gift of FAITH!



MUSIC MINISTRY

Handbell Choir

We have a handbell designated fund to purchase sets of handbells. The average cost per handbell is \$290.

Our goal is to have the handbells in time to ring in celebration of the birth of Christ. Thank you to everyone for their donations for handbells. We are over a third of the way to our goal of purchasing a 3-octave handbell set!



Chimes Choirs (Ding-a-Lings)

The "Ding-a-Lings" need YOU!

We have openings in both the Sunday and Wednesday Chimes Choirs for a few ringers. If you cannot commit to weekly practices, please consider coming as a substitute as there is usually one or two spots open each week. Regular rehearsal times are on Sundays (3pm) and on Wednesdays (6pm).



OCTOBER 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>1</i> 10a Disciples in ChristCare 7p Session	<i>2</i> 6p Chimes 7p Adult Choir  Choir Rehearsal	<i>3</i> 9a NO TOPS 6p Deacons	<i>4</i> 	<i>5</i>
<i>6</i> Communion 3p Chimes 4:30p FYRE Youth Group	<i>7</i> 6:30p Ladies Bible Study  Ladies Bible Study	<i>8</i>	<i>9</i> 6p Chimes 7p Adult Choir	<i>10</i> Newsletter Deadline 9a NO TOPS 11:30a FPC Lunch Club 	<i>11</i>	<i>12</i>
<i>13</i> 2:15p New Kids Music Program 3p Chimes 4:30p FYRE Youth Group	<i>14</i> 6:30p Ladies Bible Study	<i>15</i>	<i>16</i> 6p Chimes 7p Adult Choir	<i>17</i> 9a TOPS	<i>18</i>  Fall	<i>19</i>
<i>20</i> 3p Chimes 4:30p FYRE Youth Group	<i>21</i> 6:30p Ladies Bible Study	<i>22</i> 10a Disciples in ChristCare 7p Book Club  BOOK CLUB	<i>23</i> 6p Chimes 7p Adult Choir	<i>24</i> 9a TOPS	<i>25</i>	<i>26</i>
<i>27</i> 2 Cents-A-Meal Trunk or Treat 3-5p  Trunk or Treat	<i>28</i> 6:30p Ladies Bible Study	<i>29</i>	<i>30</i> 6p Chimes 7p Adult Choir	<i>31</i> 9a TOPS	 OCTOBER	

ABBREVIATIONS

a - am
p - pm
MT - Ministry Team
CC - ChristCare
BS - Bible Study

SUNDAY WORSHIP SCHEDULE

9:30am - Church School
10:30 am - Worship Service

Deacon notes

Teachers

Teachers, whether at school or at church, are a major influence in our children's lives. Take a few moments to pray for all teachers as a new school year begins.

A Special Prayer for Our Teachers

Dear God,

Thank you for the amazing teachers who have given their lives to serve our children. As the new year gets underway, fill them with strength to lead, grace to guide and hope to thrive in their classrooms. Bless them beyond measure for their willingness to pour into the next generation through education.

Walking Group!

After finishing our walk on the Florida Trail at Pensacola Beach, we made our way into Georgia and at Springer Mountain we started north on the Appalachian Trail. The Appalachian Trail is 2,189 miles long and we have already covered 1,030 miles of the trail. We have walked in GA, NC, TN, VA, MD and are currently in southern PA near Lebanon and Lancaster. Two weeks ago we were close to home when we passed the Peaks of Otter but we didn't have time to stop and say "hello." We are always looking for

new walkers to make our trip go faster. Contact Ginny Lenz for more information.



- 4 Nancy Whitehead
- 5 Shari Bennett
- 8 Marylin Summers
- 11 Steve Cavanaugh
- 21 Autumn Hollingsworth
- 23 Tom Gilliam
- 24 Charlotte Farley
- 26 Judy Friel
- 27 Grover Youngblood
- 27 Liam Farley
- 29 Jeff Willoughby
- 29 Matthew Courtney



Choir Notes

The Christmas season is not too far away and the choir has begun working on new music to present to the congregation. Come lift up your voices and join us! We meet each week on Wednesday



evening at 7:00 pm in the sanctuary. Everyone is welcome!

Disaster Preparedness - From Candles to Cooking Mishaps!

House fires often happen at night. How much time do you have to get out – 5 minutes, 10 minutes....NO it's actually 2 (two) minutes. House fires kill about 7 people a day in the US. Most common causes are malfunctioning cooking equipment, unattended candles, overload electrical connection and smoldering cigarettes/cigars. Many homeowners don't have an escape plan, fire detectors, fire extinguishers....DO YOU!

Install fire detectors and check your batteries when you change the time for Daylight Savings time. This can increase your odds of surviving a house fire by 50%. Put them on each floor, inside each bedroom. Check them by pushing the test button.

Practice evacuation. Gather up the whole family and form a plan for getting out of the house. The plan should include at least two ways of exiting. Once formed, practice the plan so everyone knows what to do. Pick a meeting place within walking distance from the house. When you hold a practice drill, count heads to be sure everyone is there.

Fires burn very quickly. Small fires can be extinguished with your fire extinguisher, larger ones – call 911. Newer houses burn faster because of the open floor plan which allow oxygen to fan the flames. Don't waste time trying to save your valuables.

Keep low as smoke rises. Crawl out of the house on your hands and feet. Cover your mouth and nose. If you're trapped, close doors and windows. Shove towels or clothing, wet if possible under the door to keep smoke from entering. If you are on the second floor, hang a sheet out the window to let the firefighters know where you're at. After you hang the sheet out, close the window.

Make your plan, practice it. Get your fire extinguisher and fire detectors. Do it NOW...don't wait.



MISSIONS

Food Pantry: We continue to collect non-perishable food to help support our local food pantry. As you go shopping please pick up some extras to support our food pantry.

Canned meals and fruit, boxed mac-n-cheese, spaghetti sauce and noodles, Ramon noodles, cereal, oatmeal, nutria-grain bars, pancake mix, syrup, toilet paper, paper towels, napkins and bottled juices are all needed. Thank you for all your help!



Shepherds Table: Do you love to cook and serve others a hot meal? We have a blessed opportunity to cook and serve Bedford County residents a hot meal that they might not otherwise get. The Shepherds Table is located at 217 W. Washington Street, Bedford. They serve hot meals every Monday/Wednesday/Friday. Denise Kennedy-Sims manages the 3rd Friday of each month. She is looking for volunteers to help in every capacity. She needs helpers from 8:30am-1:30pm on the following date: October 18. If you would like to assist please contact Denise (540-871-0494 or email her at Denise.Kennedy@dss.virginia.gov).



Upcoming Event: Keep watch for information on Angel Tree coming up in November!



Krogers!



Our church is now part of Kroger Community Rewards, a program utilized by Kroger to donate funds to local non-profit organizations. In our first year as a partner, our church received just under \$1000 in donations from Kroger, just by doing our normal shopping! We need **YOUR** help to make this program a success for our church. Here's how: If you have already linked your Kroger card to the program, you do not need to re-enroll – simply keep shopping! If you have not yet linked your Kroger card to Forest Presbyterian, just follow the instructions below to enroll:

1. Visit www.kroger.com/communityrewards
2. Scroll down to find our location and click "Enroll Now"
3. Sign in to your online account OR follow the instructions to create an account
4. Find and select Forest Presbyterian Church and click "Save"

Once each quarter, Kroger will donate to our church a percentage of the total amount our enrolled members spend during the period. The more people we have enrolled, the better! Some purchases are excluded from the program, including alcohol, tobacco and lottery tickets. Questions, or need help enrolling? Please contact Jeni Willoughby (525-1446 or jeniwill@verizon.net).

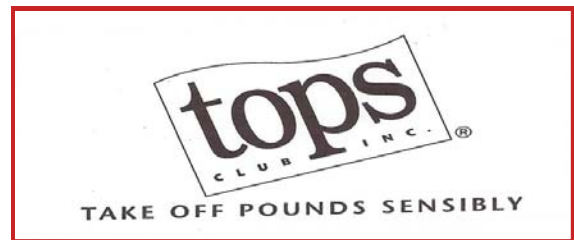
Thanks for your participation!

Outreach notes



Everyone is invited to join us for a fun time of fellowship and enjoy seeing all the little goblins in

their costumes at the same time. Plan now to **DECORATE YOUR CAR.** If you are unable to decorate a trunk any candy donation would be much appreciated. Place all candy donations on the table in the Commons. There will be sign-up sheets for trunk decorations and for candy donations located in the Commons. Mark your calendars and plan to be with us for Halloween fun on Sunday, October 27, 3-5 pm. If you have questions please contact Curt Cope (258-2312 or blackbeltin07@gmail.com).



The Forest Chapter #9737 of TOPS meets weekly at Forest Presbyterian on Thursday at 9 AM. Weekly programs emphasize nutrition and exercise education focused on a member's effort to manage their weight loss safely. Our main goal is to support and encourage each other. We accomplish this by sharing ideas, recipes and personal tips with our fellow members. We have one member who has lost 30 pounds and kept the pounds off. Other members have lost 10 to 15 pounds and kept the pounds off. Visitors are welcome to attend any time. If our meeting time does not suit, there are many TOPS groups in and around Lynchburg. For any questions about TOPS please contact Cynthia Hendricks (cynhen107@gmail.com).